

Family Discipleship Resource

September 22-28

(Genesis 3:8-13)



G – Gather for Prayer

Father,

I have fallen short and sinned against you. I confess my sin before you, trusting that you alone can cleanse me from all unrighteousness

In Jesus' Name, Amen

R – Read the Text (Genesis 3:8-13)

⁸*They heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden. Then the Lord God called to the man, and said to him, "Where are you?" He said, "I heard the sound of You in the garden, and I was afraid because I was naked; so I hid myself." And He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?" The man said, "The woman whom You gave to be with me, she gave me from the tree, and I ate." Then the Lord God said to the woman, "What is this you have done?" And the woman said, "The serpent deceived me, and I ate."*

O – Observe what God has said

How does Adam and Eve inappropriately deal with their guilt?

How does Adam and Eve's sin hurt their relationship with each other and with God?

W – Work on Application

When sin distorts our sense of identity, not only do we inappropriately compensate, we cast blame on others and slowly erode our relationship with God. Adam wounds his wife and places a wedge between he and God and we can do the same when our guilt spills over to going after others. This is why sin must be dealt with by someone other than ourselves. You and I were not designed to know it all (see 3:1-7)—the fall of Genesis 3:1-7 proves that—nor are we prepared to deal with our own sin—the blame game of Genesis 3:8-13 proves that. God does know it all and alone is able to deal with our sin. This is why 1 John 1:9 says "if we confess our sins (that is agree with God about who we are and what we've done), He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness." Is there something you need to confess today? Quit blaming your circumstances or those around you. Own it and bring it before the One who can deal with it. Are you unnaturally focused on one element of your identity (your heritage, money, race, standing in life, age, etc.) to the neglect of all that God created you to be? Call upon the Lord to remind you that your identity is found in what God says about you and what He created you to be—an image-bearer obediently following Him and His plan for your life. We must own up and confess, lest we wound those around us and place a wedge between us and the Lord.

What is something we need to confess before the Lord?

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How can we help hold each other accountable and not deflect or blame others for our sin?

Family Weekly Memory Verse: *"If we confess our sin He is faithful and just to forgive us our sin and cleanse us from all unrighteousness" -1 John 1:9*